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BOOK REVIEWS

IN CHARGE OF

GRACE H. CAMERON, R.N.

CHEMISTRY AND CHEMICAL URINALYSIS FOR NURSES. By Harold L. Amoss, M.D. Second Edition, Thoroughly Revised. Lea and Febiger, Philadelphia and New York. Price, \$3.00.

As teachers and instructors of nurses realize more and more the value of chemistry to the pupil, the demand for a text book that will meet the requirements of the nurse has become more and more urgent. This book, the second edition, has been enlarged and revised and deals especially and at greater length with those substances and processes most needed by the nurse. The arrangement is different from that of most text-books on this subject and is a practical, simple, and logical development of the subject. It is, however, a book that needs supervised study and a competent instructor. The second division of the book is brief and yet adequate to the nurse. As the author says, "This chapter is placed in the book for two reasons: first, in order that the nurse should know how to collect, preserve and care for specimens of urine, and second, as a reference for nurses who are already qualified to undertake chemical examinations of urine."

THE STORY OF MILK. By Johan D. Frederiksen. The Macmillan Company, New York City. Price, 50 cents.

This book is an authoritative, comprehensive and concise handbook dealing with milk supply, products, food value, and cookery. There is a brief yet interesting account of the uses of milk by many nations and peoples, particularly mentioning the dairy products recognized in ancient times. Among other particulars it is revealed that Zoroaster lived exclusively on cheese for twenty years! Testing of milk, and the control of bacteria are clearly explained. Essential information on New York State milk grading, the sanitary code, bacterial count, and other minutiae of milk supply are given in the first chapters. This is followed by detailed accounts of the making of cheeses, butter, and ice cream, with practical instruction and formulae. The final chapter is on milk cookery including soups, salads, bread, biscuits, cheese dishes as meat substitutes, soufflés, etc. The author has for forty years been connected with dairy farming and milk industries and is thus enabled to present the subject in a practical, pleasing and enlightening way. It is a book that every dietitian should use and it will also prove serviceable to housewives and others.